Example reflection prompts (Max 400 word answers)

1. How has your participation in the clinic influenced your understanding of what it means to place the needs of the patient/client ahead of your self-interests? In reflecting upon your experiences, in what ways do you see yourself contributing (time, resources, knowledge) to address societal needs of health and wellness as a result of your participation? How might your intentions to be an active member of your profession changed as a result of your involvement in the clinic? (Active participant in society to address social issues)

2. Given the opportunity in an interview, if someone asked you how your participation in the clinic has influenced who you will become and what you will accomplish in your life, what would you say? How would you describe your approach to or philosophy of work toward societal health and wellness? Maybe your reasons for getting involved in the clinic to begin with would inform your response? (Civic Identity)

3. How do you see the knowledge gained as a result of your education being used to resolve/challenge/improve societal health and wellness? How has your participation in the clinic influenced or changed these perceptions? (Benefit of education to address social issues)

4. In what ways would you continue advocating for the services you are providing? In what ways might you engage others to participate or contribute time, energy, or resources?

5. What are some of the root causes of societal health and wellness issues? How are they being addressed? Do you think the current strategy to address the issues is effective or perpetuating the problems (explain)? (Understanding how social issues are addressed in society)

6. What future actions need to be taken for long term sustainability? What role do you think you have in ensuring long term sustainability? What are your plans?